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The Year of the Ox

This year sees the Chinese New Year celebrations happening on the same day as Australia Day and we thought we would share with you some of the traditions and customs that take place over the Chinese New Year period by Asians all over the world and all up they can take up to 15 days.

- ☺ Greeting people with Kung Hie Fat Choy or Gang Hay Fat Choy, this means Happy New Year and may it bring you good fortune and prosperity.
- ☺ The giving of small red envelopes with money in it to pass on prosperity and good luck; this is given mostly to the children.
- ☺ The wearing of red clothing over this period is for luck and prosperity and the clothes should always be brand new (I think a women must have come up with this one; a good reason to go shopping ☺).
- ☺ On the Eve of Chinese New Year there is lots of visiting to family and enormous amounts of food.
- ☺ Lights are kept on to ward off evil spirits and red cloth is hung from the door.
- ☺ The rolling of an orange into the home as you enter it for the first time on Chinese New Year, is done to create a year of prosperity and abundant happiness.
- ☺ Prior to the New Year, the entire house is cleaned and swept to get rid of any bad luck from the previous year.
- ☺ On the last day there is the Lantern Festival, which is very colourful.
- ☺ The home is decorated with live flowers, usually plum blossoms, bamboo, pussy willow and peonies (which is also considered the King of the Love Flowers).
- ☺ Avoid angry words or anything negative or it could mean a year of them.

There are 12 animals that are represented in Chinese Astrology and this year we are celebrating the Year of the Ox. Overall, this will be a year for stabilization, which will come through hard work and it will be slow and steady progress. Mother Nature will be felt in the way of earthquakes, landslides, fires and explosions.

The housing industry, resources, mining and finance sector could have a couple of minor declines, but nothing like it saw last year and then it will be a slow recovery period.

This is also a double Earth element year, which means much nurturing and caring should take place this year, with more peace and harmony for the world.

In Feng Shui the transition date is not until the 4th of February every year, so if you are born on the 2nd February 1981, you would in actual fact come under the year of 1980, which is the Year of the Monkey and not the Year of the Rooster.

Each of the Animals has positive and negative characteristics, but you would also know that not everyone that was born in the same year as you has the same character as you. In Feng Shui there is a school of Feng Shui called 4 Pillars of Destiny or BaZi and this is a Chinese Astrology Chart that is derived from your full date of birth and time of birth (if known); so your individual character is coming from the day of the month of the year you were born. So remember, when you are reading Chinese Astrology or Horoscopes that they are generalized.

In general, people born in year of the Snake have a very good year to look forward to. The Ox and Dog could have some challenges to deal with this year and is not a year for taking risks. Those of you born in the Year of the Goat will be in Clash with the Ox and this could bring about movement of job or house as well as possible health issues and challenges; lay low. Those born in the Year of the Horse could be in for a very busy year socializing, meeting new people and there could be romance in the air. Those born in the Year of the Rabbit, it could be a rewarding and successful year, but an exceptionally demanding year too. There could be moving of house or changes in accommodation for those also born in the Year of the Rooster, Pig and Rabbit. The Rat and Rooster have a relatively good year to look forward to. Those born in the Year of the Pig could be doing a lot more traveling this year.

For a more accurate reading, you can arrange to have your 4 Pillars of Destiny Charted and Analyzed.

‘Gang Hay Fat Choy’

Wishing you & yours,
Health, Harmony & Prosperity,

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